

START HERE

How Supreme AI Lab works and what to expect. One page to read before anything else: the map of the program, how to use your library, and how to get the most out of every module.

The whole program in one sentence

Eleven modules, in order, each one a finished piece of a content system that runs on AI: the tools first, then growth on Instagram and YouTube, then the full content pipeline, then the business side, and a library of templates and resources at the end. You open a module, download its files, follow the steps, and move to the next one.

The map: 11 modules, in order

#	Module	What it gives you
1	START HERE	This guide and the one-minute video: how everything fits together.
2	Claude Code for Dummies	Claude on your own computer, set up as a personal assistant that works with your files.
3	Claude Video Editor	A fully automated editing system: raw clips in one folder, a finished edit out.
4	Instagram Viral Strategy	What to post, how to hook, how to read the numbers so Reels actually grow.
5	YouTube Viral Strategy	Packaging, retention and the Shorts-to-long-form path that gets a channel found.
6	Content OS	The full content pipeline: research, scripting, editing and posting as one system.
7	High Level Content Strategy	Deciding what to make in the first place: pillars, positioning, the calendar.
8	Launch Protocol	How to run a launch to the audience you built, start to finish.
9	Claude Finance	Bookkeeping, monthly numbers and forecasts, handled with AI.
10	n8n templates	Ready-made automation workflows you import and connect.
11	Resource Library	Every prompt, template and checklist from the program in one place.

Modules are numbered because each one uses what the one before it set up. Skipping ahead works, but going in order is faster.

How to use your library

- 1. Open a module.** Your library page lists every module in order. Each one is a section with its files.
- 2. Download the files.** Every file has a Download button. They are yours to keep on your own disk: PDFs, videos, templates.
- 3. Follow the steps.** Each guide is built the same way: what the module is for, the steps, the prompts to paste, and a checklist at the end.
- 4. Paste the prompts.** Anything in `<angle brackets>` is a placeholder for your own detail. Replace it, paste, run.
- 5. Fill in the templates.** Templates are plain files (CSV, Markdown, JSON) that open in anything. Fill them in as you go.

Bookmark your library link. It is the only thing you need to get back in.

What to expect

1 Go in order each module builds on the last

Module 2 sets up the assistant that module 3 drives, module 6 uses the strategies from 4 and 5, and module 11 collects everything. Follow the numbers and nothing is missing when you need it.

2 Everything you need is inside prompts, templates, step by step

No module sends you somewhere else to learn the real thing. The prompts are complete, the templates are filled-in examples, and the steps are in the order you actually do them.

3 Support whenever you want it email and the Discord community

Write to the address in your library at any time with a question about any file. And ask in the Discord community, where the people running these modules compare notes.

Before you open module 2

- Decide the **one topic** you make content about and the **one platform** you will post on first. Write both at the top of a note.
- Make one folder on your computer called content with three subfolders: ideas, scripts, videos. Every module puts files there.
- Install the Claude desktop app if you have not yet. Module 2 starts from a fresh install.

Did it land?

Tick these before you open module 2.

- ☐ I can say what the eleven modules are, in rough order, without looking.
- ☐ I know where my library is and how to download a file from it.

- ☐ I have one topic and one platform written down.
- ☐ The content folder with ideas, scripts and videos exists on my computer.

Next: module 2 — Claude Code for Dummies.

Claude on your own computer, reading and writing your files, set up as the assistant every later module drives. Open it in your library at aididit.cc.